

The Challenge is on!



8 Abseils, 3 Runs - 1 expedition.

Fundraise your way to an experience of a lifetime.

Why take part?

- **Fundraise** through sponsorship for your expedition
- **Challenge** yourself & improve your fitness levels
- **Opportunity** to meet other Challengers, exchange expedition & fundraising tips
- **Meet** Atlas the Aped Crusader and the fundraising team

What are the events?

8 **Abseils** and 3 **Runs** taking place throughout the UK & Ireland especially aimed at you the Challenger to help reach your financial targets while having fun at the same time!

How do I sign up? It's easy peasy!!!

- **Choose an event** from the event section on your 'My World Challenge' page
- **Complete the consent form** (your parent will need to sign this if you are under 18)
- **Choose your method on payment** depending on your chosen events - Challenger Runs are free... even more reason to take part!!!
- **You will then receive a sponsorship pack**
- **Follow Atlas on Twitter** for regular training tips and raise loads of money!!



Last year
Challengers
raised over
£280,000
taking part in
our Challenger
events.



tip

Join Atlas the Aped Crusader throughout March, April and May at some fantastic Challenger events

Challenger Abseils

7 venues, 8 dates

March 2011 is when it is all happening so keep your weekends free for some exciting and exhilarating abseil events! Challenger Abseils only cost **£20** to enter*.

Manchester Velodrome **NEW!!!**

Saturday, 5th March 2011

Clydebank, Titan Crane

Sunday, 6th March 2011

Bristol, Sea Walls Avon Gorge

Saturday, 12th March 2011

Poole, Water Tower **NEW!!!**

Sunday, 13th March 2011

Buxton, Bridge 75

Saturday, 19th March 2011

Middlesbrough (1) Transporter Bridge

Sunday, 20th March 2011

N. Ireland, Dromore Viaduct **NEW!!!**

Sunday, 27th March 2011

Middlesbrough (2) Transporter Bridge

Sunday, 27th March 2011

* **The cost includes** the use of the venue, technical equipment and personnel required to stage the event.



Challenger Runs

3 venues, 3 dates

It's FREE, so get your running shoes ready to complete 5, 10 or 15km. Train and enter as a team to improve your fitness level and take part in fancy dress to win prizes on the day. All you need to take care of is your own transport to and from the event.

Derbyshire, Rosliston Forestry Centre

Sunday, 3rd April 2011

Scotland, Beecraigs Country Park **NEW!!!**

Sunday, 10th April 2011

Berkshire, Wellington Country Park

Sunday, 8th May 2011

Find out more

Please check 'My World Challenge' for more information.

Follow Atlas the Aped Crusader on www.twitter.com/@apedcrusader
Follow World Challenge on Facebook at <http://www.facebook.com/worldchallenge>



Contact

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for any queries

